

Tower Garden by Juice Plus+



Our fresh food supply depends on the weather as well as transportation. Most of the food we buy in the grocery store travels an average of 1800 miles while losing valuable nutrients each day since harvest. Food shortages have been caused by drought or flooding, by frost or fire, or recalled because contamination made it unsafe to eat. When these disasters happen, demand drives prices up, if it is even available to buy at the store you shop.

Gardening is an empowering solution to increase food security and has been shown to boost health, mood, and sharpen the mind. Eating fresh picked food tastes better, improves our diet, and kids that help with gardening eat more vegetables. There are so many benefits, why isn't everyone growing? Most report lack of time, knowledge, and space. Traditional gardening requires amending soil, irrigating, knowing the timing of planting, and weeding. There is an easier way!

Grow vertically, aeroponically indoors or outdoors with [Tower Garden](#) by Juice Plus+!

Tower Garden was developed on a NASA grant to create a way to grow the healthiest, mineral rich food dried for astronauts, and we can have the same system and benefits!

- There is no dirt, no weeding
- Takes up little space (2-3 sq. feet) to grow 20-32 plants

- The watering system uses 98% less water
- One can start [outdoor](#) plants earlier and grow later into the season, even through the desert's hot summers!
- One can grow “out of season” crops [indoors](#) to always have your favorites year round
- Plants grow faster and have a greater yield (an average of 30% more)

The Tower Garden is constructed of BPA free food grade plastic built to last over 20 years. Depending on what you are growing, in 3-4 weeks it could be paying for itself! Twelve month interest free payments start at \$55.83.

Gardening does have its limitations, e.g. growing a variety of fruits requires a lot of space, a particular climate, and can take years for fruit, etc. To fill that gap and provide the variety of fruits and vegetables of all colors that we need every day, [Juice Plus+](#) is a strategic blend of plant powders in capsules or chewables.

Farmers with high standards of quality are contracted to grow for the product. The produce is harvested at peak ripeness and flash frozen within 6-9 hours to lock in the nutrition. The nutritionally dense fruits and vegetables are crushed and dried at a low temperature to protect the enzymes, and third party tested to make sure they are gluten free, non-GMO and free from any contaminants (mold, pesticides or herbicides) so it is better than organic! There have been over 40 [clinical studies](#) by leading academic institutions around the world that have published their findings in peer review professional journals that Juice Plus+:

- Is bioavailable (is readily absorbed)
- Boosts the immune system
- Increases levels of antioxidants (lowers free radical cell damage)
- Lowers inflammation
- Protects our DNA (turning on good genes and off bad genes)
- Improves cognitive function
- Improves skin and gum health
- Improves cardiovascular and metabolic health
- Improves gut health
- Increases athletic performance and recovery

NOTE: An adult taking at least the basic Essential Blend of 20 fruits and vegetables (\$54 a month), can sponsor a child from the age of 4 to 25 to get Juice Plus+ **FREE** by paying the child's shipping cost in our [Healthy Starts for Families](#) program.

Also available is the [Essential Berry Blend](#) of 12 different plants (\$27 a month)

And [Essential Omegas](#) 3, 6, 7, and 9 (\$32.50 a month)

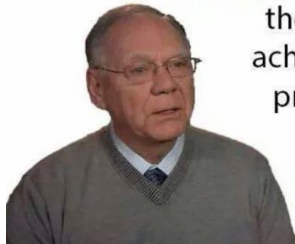
Product shipped have a best buy date of about 1 ½ years, but can still be used after that.



If in your preparedness supply, you would like to have packets of a smoothie mix for a great tasting meal base check out Juice Plus+ [Complete](#) shakes. It contains nutrition from plants not found in Juice Plus+ such as pumpkin, yucca, spirulina, ancient grains, and the sprouts of broccoli, radish and alfalfa. It contains mushroom powder for a food source of Vitamin D, has powerful prebiotic fiber/is low glycemic with and comes in Vanilla or Chocolate in pouches or individual packets.



"Check the PDCAAS of your protein powder. It is the internationally accepted standard for protein quality. A perfect score is 1.0. **Juice Plus+ Complete** has a score of 1.0 and is the **ONLY** plant protein powder to ever achieve that rating; the highest quality protein a human can consume."



Dr. Rick DuBois, MD – Infectious Disease

Thank you. The Juice Plus+ Company's mission is to inspire healthy living around the world.