





Recommended Items to Include in a Basic Emergency Supply Kit:

Water and non-perishable food for several days
Extra cell phone battery or charger
Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
Flashlight and extra batteries
First aid kit
Whistle to signal for help
Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
Moist towelettes, garbage bags and plastic ties for personal sanitation
Non-sparking wrench or pliers to turn off utilities
Can opener (if kit contains canned food)
Local maps

FEMA's Ready Campaign

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.





Federal Emergency Management Agency
Washington, DC 20472

12 WAYS TO PREPARE

Safeguard Documents

Sign up for Alerts and Warnings

Plan with Neighbors

Make a Plan

Make Your

Home

Safer

Know Evacuation Routes

Save for a

Rainy Day

Assemble or Update Supplies

Practice

Emergency

Plan

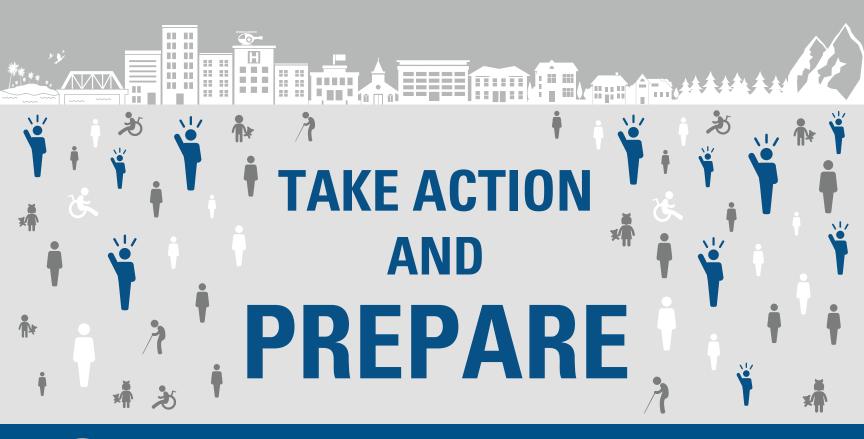
Get Involved in Your Community

Test Family

Communication

Documents

Document and Insure Property





There are many ways to take action and prepare before a disaster occurs.

The actions on this card include some of the most important ways to help yourself, your family, and your community increase your preparedness.

Simple actions at home and in your neighborhood can make a big difference!



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@Readygov Facebook.com/readygov



Fema.gov/mobile-app



Ready.gov/prepare

Be Aware Be Prepared Take Action



A Guide for Alerts and Warnings





If you receive an alert on your TV, phone, or radio:

Take the actions listed here.

Follow instructions from local officials.

Follow the instructions in the alert.



Advisory and Statement

Be aware! A hazard is expected to occur in your area or nearby, but its impact is not expected to be lifethreatening.



Watch

Be prepared! A hazard may possibly occur in your area or nearby.



Warning

Take action! A hazard is expected to occur or is already occurring in your area or nearby, and its impact may be serious.

"THIS IS A TEST"

Officials sometimes send test or practice messages. Consider using this as a reminder to check your emergency plan and supplies. Review the 12 Ways to Prepare for more steps to take.

Some hazards may not have an advisory, watch, or warning. Use the 12 Ways to Prepare to be ready for hazards that may happen suddenly. Visit ready.gov/be-informed to learn more about hazards not included in this guide. This is general guidance. Always defer to the alert.

12 Ways to Prepare Before a Disaster Happens:



Sign Up for Alerts and Warnings



Make a Plan



Save for a Rainy Day



Practice Emergency Drills



Test Family
Communication
Plan



Safeguard Documents



Plan with Neighbors



Make Your Home Safer



Know
Evacuation
Routes



Assemble or Update Supplies



Get Involved in Your Community



Document and Insure Property





Flood Watch

Be prepared! There is a **possibility** of flooding.



Flooding may occur within the next **6 to 48 hours.**



If You Get this Alert at Home:



Know your risk. Move to higher ground if in a flood-prone area.



Evacuate immediately if told to do so.



Protect your property if you have time and are staying in place.



Put important documents in a waterproof container.



If You Get this Alert in Your Car:



Turn Around Don't Drown® Do not drive through flood waters.



Avoid flood waters.



Flooding is a temporary overflow of water onto land that is normally dry. Flooding may last days or weeks.



Flood Warning

Take action! Flooding is **occurring** or **about to occur.**



Flooding is **occurring** or **about to occur.**



If You Get this Alert at Home:



Know your risk. Move to higher ground if in a flood-prone area.



Evacuate immediately if told to do so.



Protect your property if you have time and are staying in place.



If You Get this Alert in Your Car:



Turn Around Don't Drown® Do not drive through flood waters.



Avoid flood waters.





Flash Flood



Flash Flood Watch

Be prepared! There is a **possibility** of a flash flood.



A flash flood may occur within the next **several hours or days.**



If You Get this Alert at Home:



Know your risk. Move to higher ground if in a flood-prone area.



Evacuate immediately if told to do so.



Protect your property if you have time and are staying in place.



Put important documents in a waterproof container.



If You Get this Alert in Your Car:



Turn Around Don't Drown® Do not drive through flood waters.



Avoid flood waters.



A flash flood is a damaging and life-threatening, rapid rise of water into an area that's normally dry. A flash flood may occur within minutes to hours after an event like intense rainfall or dam failure.



Flash Flood Warning

Take action! A dangerous, life-threatening flood is **occurring** or **about to occur.**



A flash flood is **occurring** or **about** to occur.



If You Get this Alert at Home:



Move to higher ground immediately if in a flood-prone area.



Evacuate immediately if told to do so.



Protect property only if it is safe to do so.



If You Get this Alert in Your Car:



Turn Around Don't Drown® Do not drive through flood waters.



Avoid flood waters.





Extreme Wind



Extreme Wind Warning

Take action! Dangerously strong winds are **occurring** and sustained hurricane winds **may occur.**



Extreme wind is occurring or will occur within **1 hour.**



If You Get this Alert at Home:



Follow your emergency plan.



Go to your safe shelter or small, interior, windowless room. Stay in the safe shelter and do not go into the calm of the hurricane eye.



Take cover now. Use your arms to protect your head and neck.

Extreme wind is wind greater than 115 mph and may signal that hurricane winds may begin shortly.

Extreme Wind Warning (Cont.)



Please note:

There is no Extreme Wind Watch.



If You Get this Alert in Your Car:



Slow down!



Pull aside; stay alive! Move to the road's shoulder, turn on the car's hazard lights, and stay in the car.



Be cautious if driving in or near high-profile vehicles, which may be pushed by wind.



Severe Thunderstorm



Severe Thunderstorm Watch

Be prepared! There is a **possibility** of severe thunderstorms.



A severe thunderstorm watch typically lasts **4 to 8 hours.**



If You Get this Alert at Home:



When thunder roars, go indoors. Find a place to shelter.



Secure outside furniture and property.



Unplug appliances.



Prepare for a power outage.



If You Get this Alert in Your Car:



Stay in your car if you cannot go indoors.



Turn Around Don't Drown® Do not drive through flood waters.



Avoid touching metal surfaces in the car.

A severe thunderstorm is a dangerous storm that includes lightning.



Severe Thunderstorm Warning

Take action! Severe weather is **happening.** There may be considerable or destructive damage.



A severe thunderstorm warning typically lasts **1 hour.**



If You Get this Alert at Home:



When thunder roars, go indoors. Find a place to shelter.



Avoid using running water or landline phones.



Unplug appliances.



Avoid isolated trees, concrete, and metal that lightning could hit.



If You Get this Alert in Your Car:



Stay in your car.



Turn Around Don't Drown® Do not drive through flood waters.



Avoid touching metal surfaces in the car.





High Wind Watch

Be prepared! Sustained, strong winds are **possible.**



A high wind event may occur within the next **12 to 48 hours.**



If You Get this Alert at Home:



Review your emergency plan.



Be prepared to go to your safe shelter or small, interior, windowless room on the building's lowest level.



Protect your property. Put away or tie down loose outdoor furniture and objects.



Prepare for power outages.



If You Get this Alert in Your Car:



Delay or adjust travel plans.

A high wind event typically occurs when there are sustained winds of 40 mph or higher for one hour or more, or when there are wind gusts of 58 mph or higher for any duration.



High Wind Warning

Take action! Sustained, strong winds are **occurring** or **about to occur.**



A high wind event may be occurring or about to occur and may last up to 12 hours or more.



If You Get this Alert at Home:



Go to a safe, sturdy location and stay away from windows.



Stay away from trees and power lines.



Take cover. Use your arms to protect your head and neck.



Prepare for power outages.



If You Get this Alert in Your Car:



Stay off the roads.



Slow down and watch for flying debris, downed power lines, and branches.



Be cautious if driving in or near high-profile vehicles, which may be pushed by wind.



Extreme or Excessive Heat



Excessive Heat Watch

Be prepared! Dangerous high temperatures and/or humidities are **possible.**



Extreme heat may occur within the next **24 to 72 hours.**



If You Get this Alert at Home:



Check on family members and friends to make sure they have a plan to stay cool.



Learn the signs of heat-related illness.



Prepare your home to keep heat out.



Wear light, loose clothing.



Avoid high-energy outdoor activities.



Drink fluids.



If You Get this Alert in Your Car:



Look before you lock. Do not leave people or pets in closed cars.

Extreme or excessive heat (sometimes called a "heat wave") is a period of abnormally hot weather that lasts more than two days. Heat waves can occur with or without high humidity.



Excessive Heat Warning

Take action! Dangerous high temperatures and/or humidities are **occurring** or **about to occur.**



Extreme heat is occurring or will occur within the next **12 hours.**



If You Get this Alert at Home:



Cool down. Use air conditioning.



Find shade if outside.



Watch for signs of heat-related illness.



Wear light, loose clothing.



Avoid high-energy outdoor activities.



Drink fluids.



If You Get this Alert in Your Car:



Look before you lock. Do not leave people or pets in closed cars.



Dust Storm/Blowing Dust



Dust Storm/Blowing Dust Warnings

Take action! A dust storm is **occurring** or **about to occur.** Expect a sudden drop in visibility.



Dust storms typically last **20 to 120 minutes.** Blowing dust typically lasts **90+ minutes.**



If You Get this Alert at Home:



Go to a safe, sturdy indoor location.



Get indoors. Close all windows and turn off all air conditioning units.



Stay inside.

A dust storm or blowing dust (sometimes called a "haboob") occurs when there are strong, dust-filled winds over an area that reduce visibility to one-fourth mile or less. These winds are typically winds of 25 mph or greater.

Dust Storm/Blowing Dust Warnings (Cont.)



Please note:

There is no Dust Storm Watch.



If You Get this Alert in Your Car:



Be prepared for a sudden drop in visibility.



Pull aside; stay alive! Pull over as far as possible, turn off lights, set the emergency brake, and take your foot off of the brake pedal.



Stay off the roads.





Tornado Watch

Be prepared! There is the **potential** that a tornado will develop.



A tornado may occur within the next **2 to 4 hours.**



If You Get this Alert at Home:



Review your emergency plan.



Check on family members and friends to make sure they have a plan.



Be prepared to go to your safe shelter.



Check supplies, food, and water, and make a plan to use these supplies for at least 3 days.

A tornado is a violently rotating column of air that extends from a thunderstorm to the ground. Most tornadoes last less than 10 minutes.



Tornado Warning

Take action! A tornado is **occurring** or **about to occur** in the area or nearby.



A tornado may occur within the next **few minutes to half hour.**



If You Get this Alert at Home:



Go to your safe shelter immediately. Go to a sturdy building or small, interior, windowless room on the building's lowest level.



Stay away from windows, doors, and exterior walls.



Take cover. Use your arms to protect your head and neck.



If You Get this Alert in Your Car:



If you cannot go to a safe place, take cover.

Use your arms, a coat, or blanket to cover your head and neck.



Do not try to outrun a tornado.



Do not hide under a bridge or overpass. Go to a low, flat location.



Winter Storm



Winter Storm Watch

Be prepared! There is a **possibility** of a winter storm containing snow, sleet, ice, wind, or a combination of these hazards.



A winter storm may occur within **24 to 72 hours.**



If You Get this Alert at Home:



Gather supplies, food, and water, and make a plan to use these supplies for at least 3 days.



Limit your time outside and wear warm clothes.



Prepare for power outages and have a plan in case you lose heat.



If You Get this Alert in Your Car:



Put an emergency kit in your car.



Stay off the roads.

A winter storm brings snow, sleet, ice accumulation, wind, or a combination of these hazards.



Winter Storm Warning

Take action! A winter storm is **occurring** or is **about to occur**; expect snow, sleet, ice, wind, or a combination of these hazards.



A winter storm will occur within **12 to 48 hours**.



If You Get this Alert at Home:



Check supplies, food, and water, and make a plan to use these supplies for at least 3 days.



Limit your time outside and wear warm clothes.



Prepare for power outages and have a plan in case you lose heat.



If You Get this Alert in Your Car:



Put an emergency kit in your car.



Stay off the roads.





Blizzard Warning

Take action! A blizzard is **expected** or **occurring.**



A blizzard will occur within **12 to 48 hours.**



If You Get this Alert at Home:



Check supplies, food, and water, and make a plan to use these supplies for at least 3 days.



Limit your time outside and wear warm clothes.



Prepare for power outages and have a plan in case you lose heat.

A blizzard is a winter storm during which snow is blown by sustained winds of 35 mph, greatly reducing visibility. A blizzard will reduce visibility to less than one-fourth mile for three hours or more.

Blizzard Warning (Cont.)



Please note:

There is no Blizzard Watch. Pay attention to Winter Storm Watches, which may alert you to blizzard conditions.



If You Get this Alert in Your Car:



Put an emergency kit in your car.



Stay off the roads.





Ice Storm Warning

Take action! Dangerous ice accumulation is **expected** due to freezing rain.



An ice storm will occur within **12 to 48 hours.**



If You Get this Alert at Home:



Check supplies, food, and water, and make a plan to use these supplies for at least 3 days.



Limit your time outside and wear warm clothes.



Prepare for power outages and have a plan in case you lose heat.

An ice storm occurs when significant ice accumulation causes dangerous travel conditions and damage to trees and power lines resulting in power outages.

Ice Storm Warning (Cont.)



Please note:

There is no Ice Storm Watch. Pay attention to Winter Storm Watches, which may alert you to ice storm conditions.



If You Get this Alert in Your Car:



Put an emergency kit in your car.



Stay off the roads.



Snow Squall



Snow Squall Warning

Take action! A sudden whiteout is **occurring** or **about to occur.**



A snow squall is **occurring** or **may occur soon**.



If You Get this Alert at Home:



Check supplies, food, and water, and make a plan to use these supplies for at least 3 days.



Limit your time outside and wear warm clothes.



Prepare for power outages and have a plan in case you lose heat.

A snow squall is a 30- to 60-minute storm that brings whiteout conditions. Snow and gusty winds may cause low visibility and icy roads, making driving dangerous.

Snow Squall Warning (Cont.)



Please note:

There is no Snow Squall Watch.



If You Get this Alert in Your Car:



Reduce your speed, turn on headlights and hazards, and keep space between you and the car in front of you.



Stay off the roads, if possible.



Nuclear Explosion



Nuclear Explosion Warning

Take action! A nuclear explosion is **occurring** or is **about to occur.**



A nuclear explosion may occur with **little to no warning.**



If You Get this Alert at Home:



Get inside and go to the basement or middle of the building. Stay away from windows.



Stay inside for 24 hours unless local officials provide other instructions.



Use your emergency supplies, food, and water. Do not consume foods or liquids that were outside and uncovered.



Remove contaminated clothing and wipe off exposed skin.

A nuclear explosion emits dangerous radiation and fallout. Fallout is most dangerous in the first few hours after the detonation. After an explosion, it will take 10 to 15 minutes before fallout begins to arrive.

Nuclear Explosion Warning (Cont.)



Please note:

There is no Nuclear Explosion Watch.



If You Get this Alert in Your Car:



Get inside. Vehicles will not provide adequate protection.



Go to the basement or middle of the building. Stay away from windows.

FAMILY EMERGENCY COMMUNICATION PLAN

HOUSEHOLD INFORMATION

Home #:	
Name:	_ Mobile #:
Important Medical or Other Info:	
Name:	_ Mobile #:
Important Medical or Other Info:	
Name:	_ Mobile #:
Important Medical or Other Info:	
,	AREGIVER, AND WORKPLACE ENCY PLANS
Name:	
Address:	
Emergency/Hotline #:	
Emergency Plan/Pick-Up:	
Name:	
Address:	
Emergency/Hotline #:	
Emergency Plan/Pick-Up:	

EMERGENCY CONTACT

Name:	Mobile #:		
Home #:	Email:		
Address:			
	OUT-OF-TOWN CONTACT		
Name:	Mobile #:		
	Email:		
	EMERGENCY MEETING PLACE		
Indoor:			
Instructions:			
Neighborhood:			
Out of Tours Noish	ماده ماد		
	borhood:		
mstractions			
IN	IPORTANT NUMBERS/INFORMATION		
Delle	E *		
	Fire:		
	Dentist: e:		
Policy Number:	·		



Emergency Preparedness Checklist





Federal Emergency Management Agency American Red Cross

he next time disaster strikes, you may not have much time to act. Prepare now for a sudden emergency.

Learn how to protect yourself and cope with disaster by planning ahead. This

for each type of disaster.

checklist will help you get started. Discuss these ideas with your family, then prepare an emergency plan. Post the plan where everyone will see it—on the refrigerator or bulletin board.

For additional information about how to prepare for hazards in your community, contact your local emergency management or civil defense office and American Red Cross chapter.

Emergency Checklist

Management Office	Discuss what to do about power outages and personal injuries.	Prepare a Disaster Supplies Kit
or American Red Cross Chapter	Draw a floor plan of your home. Mark two escape routes from each room.	Assemble supplies you might need in an evacuation. Store them in an easy-to-carry container such as a backpack or duffle bag.
Find out which disasters could occur in your area.	Show family members how to turn off the water, gas and electricity at	Include:
Ask how to prepare for each disaster.	main switches when necessary.	A supply of water (one gallon per person per day). Store water in
Ask how you would be warned of an emergency.	Post emergency telephone numbers near telephones.	sealed, unbreakable containers. Identify the storage date and replace
Learn your community's evacuation routes.	Teach children how and when to call 911, police and fire.	every six months. A supply of non-perishable packaged
Ask about special assistance for elderly or disabled persons.	Instruct household members to turn on the radio for emergency information.	or canned food and a non-electric can opener.
Also	Pick one out-of-state and one local	A change of clothing, rain gear and
☐ Ask your workplace about	friend or relative for family members	sturdy shoes. Blankets or sleeping bags.
emergency plans.	to call if separated during a disaster	A first aid kit and prescription
Learn about emergency plans for	(it is often easier to call out-of-state	medications.
your children's school or day care	than within the affected area).	☐ An extra pair of glasses.
center.	Teach children your out-of-state contact's phone numbers.	A battery-powered radio, flashlight and plenty of extra batteries.
Create an Emergency	Pick two emergency meeting places.	☐ Credit cards and cash.
Plan	1) A place near your home in case	An extra set of car keys.
☐ Meet with household members to	of a fire. 2) A place outside your neighbor-	 A list of family physicians.
discuss the dangers of fire, severe weather, earthquakes and other	hood in case you cannot return home after a disaster.	A list of important family informa- tion; the style and serial number of
emergencies. Explain how to respond to each.	☐ Take a basic first aid and CPR class.	medical devices such as pacemakers. Special items for infants, elderly or
Find the safe spots in your home	☐ Keep family records in a water and	disabled family members.

fire-proof container.

Emergency Plan Out-of-State Contact Name City____ Telephone (Day) (Evening) **Local Contact** Name Telephone (Day) (Evening) **Nearest Relative** Name City____ Telephone (Day) (Evening) **Family Work Numbers** Mother Father Other **Emergency Telephone Numbers** In a life threatening emergency, dial 911 or the local emergency medical services system number Police Department Fire Department Hospital ___ **Family Physicians** Telephone____ Name Name____ Telephone Name Telephone Reunion Locations Right outside your home. 2. Away from the neighborhood, in case you cannot return home Address___ Telephone Route to try first

Escape Plan



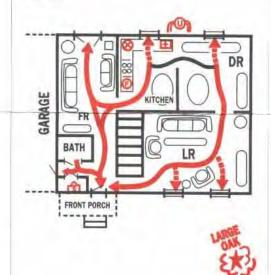
n a fire or other emergency, you may need to evacuate your house, apartment or mobile home on a moment's notice. You should be ready to get out fast.

Develop an escape plan by drawing a floor plan of your residence. Using a black or blue pen, show the location of doors, windows, stairways, and large furniture. Indicate the location of emergency supplies (Disaster Supplies Kit), fire extinguishers, smoke detectors, collapsible ladders, first aid kits and utility shut off points. Next, use a colored pen to draw a broken line charting at least two escape routes from each room. Finally, mark a place outside of the home where household members should meet in case of fire.

Be sure to include important points outside such as garages, patios, stairways, elevators, driveways and porches. If your home has more than two floors, use an additional sheet of paper. Practice emergency evacuation drills with all household members at least two times each year.

Example:

Floor one



Floor Plan Floor One Floor Two **Disaster Supplies Kit Normal Exit Route** Stairways **Emergency Exit Routes** Doors **Utility Shut Off** Fire Extinguisher Collapsible Ladder Windows **Smoke Detectors** Reunion Location (Outside) First Aid Kit

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Home Hazard Hunt In a disaster, ordinary items in the home can cause injury and damage. Anything that can move, fall, break or cause a fire is a potential hazard. Repair defective electrical wiring and leaky gas connections. Fasten shelves securely and brace overhead light fixtures. Place large, heavy objects on lower shelves. Hang pictures and mirrors away from beds. Strap water heater to wall studs. Repair cracks in ceilings or foundations.	 □ Wear protective clothing and sturdy shoes. □ Take your Disaster Supplies Kit. □ Lock your house. □ Use travel routes specified by local officials. If you are sure you have time □ Shut off water, gas and electricity, if instructed to do so. □ Let others know when you left and where you are going. □ Make arrangements for pets. Animals may not be allowed in public shelters. 	 □ Maps, Shovel, Flares □ Tire repair kit and pump Fire Safety □ Plan two escape routes out of each room. □ Practice fire drills at least twice a year. □ Teach family members to stay low to the ground when escaping from a fire. □ Teach family members never to open doors that are hot. In a fire, feel the bottom of the door with the palm of your hand. If it is hot, do not open the door. Find another way out. □ Install smoke detectors on every level
foundations. Store weed killers, pesticides and flammable products away from	Emergency Car Kit	of your home. Clean and test them at least once a month. Change batteries at least once a year.
heat sources. Place oily polishing rags or waste in covered metal cans. Clean and repair chimneys, flue pipes, vent connectors and gas vents. If You Need to Evacuate Listen to a battery powered radio for the location of emergency shelters. Follow instructions of local officials.	□ Battery powered radio, flashlight and extra batteries □ Blanket □ Booster cables □ Fire extinguisher (5 lb., A-B-C type) □ First aid kit and manual □ Bottled water and non-perishable high energy foods such as granola bars, raisins and peanut butter	□ Keep a whistle in each bedroom to awaken household in case of fire. □ Check electrical outlets. Do not overload outlets. □ Purchase and learn how to use a fire extinguisher (5 lb., A-B-C type). □ Have a collapsible ladder on each upper floor of your house. □ Consider installing home sprinklers.
nity Disaster Education Program are nationy contact your local emergency management	W 1 10	s of all types. For more information, please brochure and other preparedness materials

Federal Emergency Management Agency

HURRICANE • FIRE • HAZARDOUS MATERIALS SPILL





PREPAREDNESS CHECKLIST



TORNADO+ FLASH FLOOD + EARTHQUAKE + WINTER STORM