



Aging your way

SENIOR CARE RESOURCES



Together we'll discuss steps to have a thoughtful plan in place for every transition of life.

TOPIC HIGHLIGHTS:

- How to prepare for health changes as we age
 - Identifying signs of change
- When home may no longer be the safest choice
 - Discover available resources
- Dispelling myths of Hospice care
- Q&A with trusted experts for all stages of aging

MARK YOUR CALENDARS

March 26, 2026
6:00 PM
Relief Society Room

Cullumber Bldg
220 East Cullumber
Gilbert, AZ 85234